



YOSHON QUICK REFERENCE GUIDE 5782

Current as of November 23, 2021

Please check our website WEEKLY for updates as info is subject to change



INGREDIENTS OF CONCERN

- Any type of **Grain** (Wheat, Barley, Oats)
- **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED

 (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Aug 1, 2021)
- Soft **PACKAGED** baked goods – Aug 1, 2021
- **Noodles and Pasta** – Aug 13, 2021
- **Barley** – Aug 3, 2021
- **Oats** – July 23, 2021
 1. GENERAL MILLS Oats Cereals – Sept 15, 2021
 2. Other Oat Cereal Companies – Aug 5, 2021
- **Malt** – *yoshon* until Mar 15, 2022
- **Beer** – Dec 15, 2021

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2131), represent the Julian date (213 is the day and 1 is the year). If the listed code is 2131 (i.e. Aug 1, 2021) then the code on the package can be 213 or lower.

BAKED PRODUCTS

1. **BETTY CROCKER** Mixes – Aug 7, 2022
2. **Cookies and Crackers**

KEMACH

- **Grahams & Crackers** – always *yoshon*
- **Cookies** – with *yoshon* label only
- **Breadsticks** – Sept 10, 2022
- **Flat breads** – *yoshon* through Jan 2022
- **Ice Cream Cones** – with *yoshon* label only
- **Other Kemach products** – with *yoshon* label only

BLOOM'S Cookies – always *yoshon*

3. **DUNCAN HINES** Mixes

- **Brownies, Cookies, Muffins** – Feb 1, 2023
- **All other mixes** – Aug 1, 2022

4. **Matza** (including **Matza Meal**) – always *yoshon*

5. **Pretzels (Hard)/Snacks**

- **HADDAR** – with *yoshon* label only
- **HERR'S** – Oct 24, 2021
- **LANDAU'S** – Aug 1, 2022, w/ oats – Jan 22, 2022
- **LIEBER'S** – always *yoshon*
- **NEW YORK PRETZEL** – Aug 1, 2022

- **UTZ Honey Wheat** – Nov 21, 2022
- **PRINGLES** (some contain wheat) – code L1213
- **WISE**
 - .75 oz. & 1.75oz: Dec 19, 2021
 - 3.25 oz: Nov 14, 2021
 - 8.75 oz.: Oct 24, 2021
- **GOLDEN FLUFF** – always *yoshon*
- **KITOV** – August 1, 2022
- **SNACK FACTORY** – August 1, 2022
- **BLOOM'S** – (malt may be *chodosh*)
- 6. **Pretzels (Soft)** – Aug 1, 2021
- 7. **STELLA D'ORO**
 - **Breakfast treats, toast and biscotti** – Jan 27, 2022
 - **Sponge Swiss Fudge Cookies** – Nov 30, 2021
 - **100 Calorie Packs** – Mar 28, 2022
- 8. **Waffles & Pancakes**
 - **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – Sep 15, 2022
 - Waffles – Dec 15, 2022
 - Frozen:
 - Pancakes – May 1, 2022
 - Waffles – Dec 15, 2022
- **EGGO Waffles and Pancakes:**
 - With oats – Oct 22, 2021
 - Just wheat – Oct 28, 2022
- **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Aug 1, 2022

BAKING SPRAY WITH FLOUR

 (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **MISHPACHA** – always *yoshon*
3. **PAM** – Aug 1, 2023
4. **GLICKS** – 21321 (these numbers are in the middle of the code)

BARLEY

1. **EDEN/B'GAN** – with *yoshon* label only
2. **GEFEN** – always *yoshon*
3. **GIANT/STOP & SHOP** – July 22, 2022
4. **JACK RABBIT** – July 22, 2022
5. **MISHPACHA** – always *yoshon*
6. **QUAKER** – Jan 14, 2022
7. **UNGER** – always *yoshon*

BEER

If it has no code, it may be purchased and assumed *yoshon* until Dec 15, 2021.

1. **BUD** – freshest before March 15, 2022
2. **HEINEKEN** – Nov 15 2022
3. **COORS** – 3 15 22
4. **MILLER** – 4 14 22
5. **SAM ADAMS** – exp. May 2022 or later *chodosh*
6. **CORONA** – always *yoshon*

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always *yoshon*
2. **JASON** – 2133 or Aug 1, 2023
3. **KELLOGG'S** – Dec 15, 2023
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – always *yoshon*
6. **MISHPACHA** – always *yoshon*
7. **KIKKOMAN PANKO** – Jan 31, 2023
8. **B'GAN** – with *yoshon* label only



Please check our website WEEKLY for updates as info is subject to change

CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Aug 10, 2022. For oats, use Sept 22, 2022).

1. **BARBARA**
 - Oats – July 23, 2022
 - Wheat – Aug 1, 2022
 - Original – May 23, 2022
2. **CASCADIAN FARMS**
 - Cinnamon Raisin Granola – Mar 23, 2022
 - Raisin Bran, Purely O's – Apr 23, 2022
 - Hearty Morning, Clifford Crunch, Honey Granola, Honey Nut O's – May 23, 2022
3. **CREAM OF WHEAT** – Aug 1, 2023
4. **GENERAL MILLS**
 - Oats – Sept 22, 2022
 - Wheat – always *yoshon*
 - Barley – Aug 10, 2022
5. **KASHI**
 - Oats – Jul 23, 2021
 - Wheat – Aug 1, 2022
 - Kashi Soft Cereal Bars – Apr 23, 2022
 - Kashi Pilaf – July 23, 2022
6. **KELLOGG'S**
(if made in Europe always *yoshon*)
 - Oats – July 23, 2022
 - Wheat – Aug 1, 2022
 - Barley – Aug 3, 2022
 - Malt – Dec 15, 2022
7. **KEMACH**
 - Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
 - All Other – Aug 1, 2022
8. **MALT-O-MEAL**
Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.
 - if contains only oats – Jul 23, 2021 packing date
 - if contains only wheat – always *yoshon*
 - if contains only barley – Aug 3, 2022 packing date
 - 9 mos from packing – Marshmallow Maties, Berry Colossal Crunch
 - 10 mos from packing – Blueberry Muffin Tops, Cinnamon Toasters, Honey Graham Squares, Coco Roos, Honey Nut Scooters
 - 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
 - 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar
 - 18 mos from packing – Quick Rolled Oats
 - 24 mos from packing – Hot Wheat Malt-O-Meal-Original
9. **NATURE VALLEY** – Jul 30, 2022 (except if produced in South America)
10. **POST**
 - Oats – Sept 15, 2022
 - Wheat – *yoshon*
 - Barley – Aug 3, 2022
 - Malt – Dec 15, 2022
11. **QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]
 - Chewy Granola Bars – Mar 19, 2022
 - Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Oatmeal Express – Jan 14, 2023
 - Life – Jul 17, 2022
 - Oats (rolled, instant oatmeal) – Jan 13, 2023

12. **SHOPRITE**Hot Cereal:

- Oat Cereal & Oatmeal – info not available
- Wheat – info not available

Cold Cereal: info not available13. **Stop & Shop/Giant**

- Cereal
 - With oats – July 23, 2022
 - With wheat – Aug 1, 2022
- Oatmeal – July 23, 2022

14. **WALMART**

- Quick Oats – Jan 18, 2023
- Bran Flakes – Aug 1, 2022

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **KEMACH** – with *yoshon* label only
3. **STREIT'S** – always *yoshon* unless labeled *chodosh*
4. **LIEBER'S** – currently *yoshon*
5. **MISHPACHA** – not *yoshon*
6. **LA CHOY** – info not available

COUSCOUS

1. **HODGSON MILLS** – July 26, 2022
2. **NEAR EAST** – Aug 3, 2022 | with barley only – Aug 9, 2021

EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – ##0121HX (# is an irrelevant number, H is 8th letter of alphabet and corresponds to Aug)
2. **GOLDEN BOWL**
 - Won Ton Wraps – code 012108
 - Spring Roll Wrappers – Aug 1, 2022
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – Sept 9, 2021
5. **WON TON FOOD CO.** – code 80121 (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – Aug 1, 2022
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL** – KC 2-9-23
 - **HECKERS** – always *yoshon* (if contains malt – Jun 15, 2023)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 1, 2022 50lb bags Aug 1, 2021
 - **MISHPACHA** – always *yoshon*
 - **PILLSBURY** – Feb 1, 2023
 - **SHOPRITE** – Aug 1, 2022
 - **TARGET/MARKET PANTRY Flour** – Aug 1, 2022
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL** – Feb 1, 2022
 - **HECKERS** – Aug 1, 2021
 - **KEMACH** – always *yoshon*
 - **KING ARTHUR** – Aug 30, 2022, 50 lb bags – Aug 30, 2021
 - **MISHPACHA** – always *yoshon*
 - **PILLSBURY** – Aug 1, 2022
 - **TARGET/MARKET PANTRY** – whole wheat flour and bleached flour has a *chodosh* code of Aug 1, 2022.

continued on next page



Please check our website WEEKLY for updates as info is subject to change

3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** – KC 2-9-23
- **KEMACH** – always *yoshon*
- **KING ARTHUR** – Aug 30, 2022
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 1, 2022
- **TRADER JOE'S** – Aug 1, 2022
- **HECKERS** – always *yoshon*

FROZEN/MISC.

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – Aug 1, 2022 or 2132
3. **AUNT JEMIMA**
 - Pancakes – May 1, 2022
 - Waffles – Aug 1, 2023
4. **DR. PRAEGER'S**
 - Oats – July 23, 2023
 - Wheat – Aug 1, 2023
5. **FRENCH'S French Fried Onions:** Aug 1, 2023
6. **GOLDEN**
 - Blintzes – code Aug 1, 2023
 - Potato pancakes – always *yoshon* (except spinach & broccoli)
7. **MCCAIN Fries** (that contain flour, e.g. spicy fries): Aug 1, 2022
8. **SHINDLER'S Products** – always *yoshon*
9. **TOFUTTI Cuties** – Code 2131
10. **TRADER JOE'S Potato Pancakes** – TBD
11. **UNGAR'S Fish** – AU2101

KISHKE

1. **A&B** – with *yoshon* label only
2. **BENZ'S** – always *yoshon*
3. **MEAL MART** – always *yoshon*
4. **UNGER'S** – always *yoshon*

LICORICE/CANDY

1. **DARRELL LEA** – Sept 4, 2022
2. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – 2131
4. **JOLLY RANCHERS** – always *yoshon*

NOODLES/PASTA

1. **BARILLA**
 - ProteinPLUS Pasta – July 23, 2022
 - Whole Grain – Feb 13, 2023
 - Lasagna – Apr 13, 2023
 - Other pastas and orzo – Apr 13, 2024
2. **CALIFORNIA DELIGHT** – always *yoshon*
3. **EDEN** – with *yoshon* label
4. **GEFEN** – with *yoshon* label only
5. **GIANT/STOP & SHOP** – Aug 13, 2024
6. **GOODMAN'S**
 - Pasta – Aug 13, 2024
 - Egg noodles – Aug 13, 2024
7. **KEMACH**
 - Egg noodles – *yoshon* until Dec 31, 2021
 - Other pasta products – always *yoshon*
8. **MANISCHEWITZ** – Aug 13, 2023 or 2252
9. **MISHPACHA** – always *yoshon* (except chow mein)
10. **MOTHER'S** – code 2253

11. MUELLER & SAN GIORGIO

- Egg noodles – Aug 13, 2023
 - Pasta – Aug 13, 2024
12. **RALPH'S** – Aug 13, 2024
 13. **SHOPRITE Pasta:** 08 13, 23
 14. **STREIT'S** – always *yoshon* (except chow mein)
 15. **SYSKO** – code 13081
 16. **WALMART** – info not available. (Call company with code on package. If produced before Aug 13, 2022 it is *yoshon*.)

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO Fillo Dough** – Aug 1, 2022
2. **GEFEN Pie Crusts** – Aug 1, 2022
3. **GLICKS Graham Cracker Pie Crusts** – Aug 1, 2022
4. **KEEBLER Pie Crusts** – Aug 1, 2022
5. **KEMACH**
 - Chocolate Pie Crust – always *yoshon*
 - Graham Pie Crust – 4-28-22
6. **MECHEL'S** – All *yoshon*
7. **MISHPACHA Pie Crust** – always *yoshon*
8. **MOTHER'S Graham Cracker Pie Crust** – code 2213
9. **PEPPERIDGE FARM** – info not available. (Call company with code on package. If produced before Aug 1, 2021 it is *yoshon*.)
10. **UNGAR'S Pastry Dough** – always *yoshon*

SOUP/SOUP MIXES

1. **KEDEM** – 1211
2. **KEMACH**
 - Onion, split pea – always *yoshon*
 - Vegetable – always *yoshon*
 - Minestrone – always *yoshon*
3. **LIEBER'S** – always *yoshon*
4. **MANISCHEWITZ**
 - Barley – Aug 3, 2021 or 2221
 - Noodle/Pasta – Aug 13, 2021 or 2252
5. **MISHPACHA Matzo Ball Mix** – always *yoshon*
6. **OSEM** – all Israeli products are *yoshon*
7. **SHOPRITE**
 - Soup mixes – Jan 20, 2023
 - Canned (except tomato) – Aug 1, 2023
 - Canned Tomato Soup – Jan 30, 2023
8. **STREIT'S** – always *yoshon*
9. **TRADITION** – always *yoshon*

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2021)
HEINZ
 - Malt vinegar Jun 15, 2024
 - Tarragon and Salad Dec 15, 2024