



STAR-K KOSHER CERTIFICATION

STAR-K Anisakis Fish Policy

(updated 8/19/2022)

This list **ONLY** addresses STAR-K's policy regarding fish that may be infested with Anisakis worms. It is **NOT** intended to address any other issues regarding STAR-K kosher fish policy (e.g., requirements for *bishul Yisroel*, *hashgacha temidis*, buying fish from a non-certified source).

Please **READ CAREFULLY**. Some fish species appear on *both* lists. Their acceptability or non-acceptability may depend on their source or type (i.e., whole or fillet). **Please call before using any fish not listed below.**

Only the fish listed below may be used WITHOUT ANY NEED FOR INSPECTION

Baby Salmon
Bangus (Milkfish)
Barramundi (Asian Sea Bass)
Branzini (or Bronzini) – *farm-raised*
Carp
Char – *farm-raised*
Cobia
Dorado/Sea Bram – *farm-raised*
Flounder – only Northern Fluke, Georgia Banks, Channel
Gefilte Fish
Herring
Lox – usually *farm-raised* unless it states *wild*
Mahi Mahi
Minced Fish Sticks, Patties, and Cakes
Mullet
Nile Perch
Perch (Lake Victoria, Africa)
Ocean Perch (Canadian)
Pike
Pollock – only Atlantic
Red Perch (Canada)
Red Snapper – ALL, except Eastern Pacific / Rockfish.
Sable – only when made from *farm-raised* Black Cod
Salmon – only *farm-raised* (Names of salmon that are exclusively farm-raised: Atlantic, British Columbia, Chilean, New Zealand, Norwegian Wild, all Baby Salmon)
Sardines (whole fish) – only from Philippines or Morocco
Sardines (skinless and boneless) - ALL
Sea Bass – Chilean, Striped Bass, Grouper (Mexican), Blue Nose (New Zealand)
Tilapia
Trout
Tuna
Turbot (Atlantic)
White Bass
White Perch
Whitefish – only Great Lakes
Whiting

Fish (fresh/frozen/canned) listed here MAY NOT BE USED, even with hashgacha (see EXCEPTIONS below)*

Black Cod - *wild*
Bluefish
Bream
Butterfish
Canned Salmon (unless *farm-raised* is specifically noted)
Cod
Corvina
Fish Sticks, Patties, and Cakes (Cod) – filleted (minced are permitted)
Flounder – ALL, except types on permitted listing
Haddock
Hake
Halibut
Mackerel
Ocean Perch (Iceland)
Pollock – Alaskan (many fish fillet sticks and patties use Pollock)
Porgie
Red Perch (Iceland)
Red Snapper – from Eastern Pacific (USA) / Alaska, California
Rockfish – from Eastern Pacific (USA) / Alaska, California
Sable (from Black Cod) – *wild*
Salmon - *wild*
Sardines (whole fish) – from Norway, Scotland, Portugal, and Poland
Scrod
Sole
Turbot (Pacific)
Yellow Covina/Corker
Yellow Fin Sole
Yellow Perch

* **EXCEPTIONS:** All fish under the *Hashgacha* of the Volover Rov (i.e., **Gefen** brand) are acceptable.

Amnon, Dagim, Dagyam, Finteva, Golden Catch, Sea Diamond and Shindler brand fish (under CRC) are also acceptable.