STAR-K KOSHER CERTIFICATION

STAR-K Anisakis Fish Policy
(updated 8/19/2022)

This list ONLY addresses STAR-K’s policy regarding fish that may be infested with Anisakis worms. It is NOT intended to address any other issues regarding STAR-K kosher fish policy (e.g., requirements for bishul Yisroel, hashgacha temidis, buying fish from a non-certified source).

Please READ CAREFULLY. Some fish species appear on both lists. Their acceptability or non-acceptability may depend on their source or type (i.e., whole or fillet). Please call before using any fish not listed below.

Only the fish listed below may be used WITHOUT ANY NEED FOR INSPECTION

Baby Salmon
Bangus (Milkfish)
Barramundi (Asian Sea Bass)
Branzini (or Bronzini) – farm-raised
Carp
Char – farm-raised
Cobia
Dorado/Sea Bram – farm-raised
Flounder – only Northern Fluke, Georgia Banks, Channel
Gefilte Fish
Herring
Lox – usually farm-raised unless it states wild
Mahi Mahi
Minced Fish Sticks, Patties, and Cakes
Mullet
Nile Perch
Perch (Lake Victoria, Africa)
Ocean Perch (Canadian)
Pike
Pollock – only Atlantic
Red Perch (Canada)
Red Snapper – ALL, except Eastern Pacific / Rockfish
Sable – only when made from farm-raised Black Cod
Salmon – only farm-raised (Names of salmon that are exclusively farm-raised: Atlantic, British Columbia, Chilean, New Zealand, Norwegian Wild, all Baby Salmon)
Sardines (whole fish) – only from Philippines or Morocco
Sardines (skinless and boneless) - ALL
Sea Bass – Chilean, Striped Bass, Grouper (Mexican), Blue Nose (New Zealand)
Tilapia
Trout
Tuna
Turbot (Atlantic)
White Bass
White Perch
Whitefish – only Great Lakes
Whiting

Fish (fresh/frozen/canned) listed here MAY NOT BE USED, even with hashgacha (see EXCEPTIONS below)*

- Black Cod - wild
- Bluefish
- Bream
- Butterfish
- Canned Salmon (unless farm-raised is specifically noted)
- Cod
- Corvina
- Fish Sticks, Patties, and Cakes (Cod) – filleted (minced are permitted)
- Flounder – ALL, except types on permitted listing
- Haddock
- Hake
- Halibut
- Halibut
- Mackerel
- Ocean Perch (Iceland)
- Pollock – Alaskan (many fish fillet sticks and patties use Pollock)
- Porgie
- Red Perch (Iceland)
- Red Snapper – from Eastern Pacific (USA) / Alaska, California
- Rockfish – from Eastern Pacific (USA) / Alaska, California
- Sable (from Black Cod) – wild
- Salmon - wild
- Sardines (whole fish) – from Norway, Scotland, Portugal, and Poland
- Scrod
- Sole
- Turbot (Pacific)
- Yellow Covina/Corker
- Yellow Fin Sole
- Yellow Perch

* EXCEPTIONS: All fish under the Hashgacha of the Volover Rov (i.e., Gefen brand) are acceptable.
Amnon, Dagim, Dagyam, Finteva, Golden Catch, Sea Diamond and Shindler brand fish (under CRC) are also acceptable.