



KEEPING YOU KURRENT

STAR-K KOSHER CERTIFICATION

Community News

November 2010

Seven Mile Market has moved to its new location at 201 Reisterstown Road. As before, consumers must use their own discretion as to the *kashrus* status of all products sold at Seven Mile Market. Please note the following changes:

- 1) **All departments** are under Star-K supervision when so stated on signage or packaging label, including Me-latte Coffee Bar. Me-latte at Seven Mile Market is Dairy/*Cholov Yisroel*.
- 2) **Appetizing/Dairy Department:** All cheeses behind the Dairy counter are now *Cholov Yisroel*.
- 3) **Health and Beauty Aids Section - Over the Counter (OTC) Medications** are available on store shelves in this section. Seven Mile Market has implemented the following guidelines. Star-K has assisted them in setting this up but does not certify or take responsibility for any products in this section (unless they bear a Star-K symbol).
 - a) **Over the Counter Medications** - There are no products on the shelves that contain gelatin, as this ingredient is not Kosher. This means gelatin capsules are not available for sale over the counter.
 - b) **Liquids and syrups** may contain glycerine which may not be Kosher. One may take these products by mixing 1 tsp. of dose in 2 fl. oz. of juice, water or soda. For further details, see the sign hanging in the store in this section.
 - c) **Swallowable tablets** on shelves do not contain any ingredients that are definitely derived from non-Kosher sources (e.g. gelatin, carmine). However, they may contain ingredients that are "*safek issur*" (possibly non-Kosher). This includes triacetin, polysorbates, stearates, and ingredients that are produced from both Kosher and non-Kosher sources.
- 4) **Pharmacy - Prescription items** have not been reviewed for *Kashrus*, as they are typically permissible for one whose doctor has prescribed the medication.

New Products

5-Hour Energy products, manufactured by Living Essentials, are now Star-K Kosher certified. Products with the Star-K symbol will be available in your favorite stores soon.

Consumer Alerts

Tylenol - For many years, the Star-K Hotline has recommended various Tylenol and Motrin products manufactured by McNeil Consumer Healthcare, Division of McNeil-PPC, Inc. Although these products have never been formally Kosher certified, Star-K was able to approve them based on a review of information provided to us. The glycerin used in these products was derived from Kosher sources (i.e. Kosher glycerin can be made from vegetable or synthetic sources). These products were produced in their Fort Washington, PA, plant. This plant was shut down this past spring. McNeil is now distributing Grape Liquid Children's Tylenol manufactured in Canada. Representatives of McNeil have stated that this product contains glycerin derived from non-Kosher beef or pork. We recommend discussing with your physician whether the following Kosher alternatives will work for those who require acetaminophen:

- a) **Triaminic Fever Reducer Pain Reliever Syrup** made by Novartis is certified Kosher **when bearing the OU symbol**. This children's product contains acetaminophen, the same active ingredient found in Tylenol.
- b) McNeil Consumer Healthcare also produces a liquid version of **Tylenol Extra Strength Rapid Blast Liquid for Adults - Cherry Flavor** which does not contain any glycerin.
- c) Many children are able to use **chewable tablets** which typically do not contain glycerin (although they may contain other ingredients which are kosher-sensitive). For a full discussion regarding the *kashrus* of medications, and what to do if one purchases a liquid medication in which the source of glycerin is unknown, see our *Kashrus Kurrents* article on the topic by accessing the Star-K website at <http://www.star-k.org/kashrus/kk-medi-guide.htm>.

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Mincha at the STAR-K is
Mon. - Thurs. at 1:50 p.m.