

ECKING FOR

June 2015

NO CHECKING REQUIRED

WHAT DO I DO?

Make sure everything is properly sealed and stored in a cool dry area. Improper storage can lead to infestation issues. Note: Raisins, grains, and nuts should be purchased from name brand companies only



Butternut

Squash

Kohlrab

Potatoes





Asparagus White Bottoms



















Tomatoes





Onions

Dried

Spice





Beans

Eggplants

Parsnips





Peas

Rean

Sprou

Flour



Beets

Green

Beans



- Wash produce well. (Note: Use warm water for broccoli and cauliflower.)
- Prepare a basin with water and a non-bleach and non-toxic dishwasher detergent solution. The
- water should feel slippery.

 Agitate the produce in the solution for 15 seconds. (Note: For broccoli and cauliflower, soak for 30
- seconds BEFORE agitating.)
 Remove the produce from the basin and shake off excess water over the basin
- Pour water through the thrip cloth.
- Check the thrip cloth over a light box for any insects.
 If insects are found, repeat steps 1-6. This can be done up to three
- times.

If insects are still found on the third try, the produce should not be used.

Note: If one does not have a thrip cloth, the water may be checked for nfestation by placing a white basin over a light box













Broccoli

















Cilantro







Mint Leaves







Mustard Leaves

Dill

Endive

Oregano



Parslev

Escarole



Kale

Sage Spinach

Watercress

ISUAL CHECK

Do an internal & external inspection for any signs of infestation Note for Leeks & Scallions: Check inside tube and between leaves, as well as, the outside for leaf-miner trails



Carob



Dates







Fias



Leeks



Scallions

RINSE WELL

WHAT DO I DO?

- Wash the produce under a direct stream of water.
- 2. No further checking is necessary.









Belaian





Button



Portobello

REMOVE PEEL & RINSE









Fenne



Strawberries

VISUAL CHECK & THRIP CLOTH



Asparagus

SOAKING METHOD



Barley



Pineapple

WHAT DO I DO?

Pre-rinse all the strawberries with plain water Prepare a basin of detergent solution, using at least two tablespoons of detergent per gallon of water.

Agitate the strawberries in the solution for 10-15 seconds. Let the strawberries soak for at least one minute in the solution.
Rinse off each berry.

It is advisable to remove the tops. Otherwise, pay careful attention to rinsing off the top

area well.

No further checking is required.

Remove triangular side leaves and use the thrip cloth method on the tops.

NOTE: Many people

NOTE: Many people findpeeling asparagus completely like a carrot yields a tasty kosher result with no further checking required.

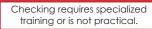
- Place all the barley you wish to use in a white bowl.
- 2. Fill the bowl with water, a few inches over the top of the barley. barley.

 3. Allow to sit for 15-20 minutes.

 4. If there are insects present, they will float to the top.

Note: barley infestations can vary by season and locale. Please check with our office if checking is currently required.

Mites are being found in the crown and outer rind, and also the inside the blossom cups and crevices if the pineapple is not peeled properly. The pineapple should be peeled until only yellow fruit is visible. The fruit and cutting board should be rinsed after peeling since the insects often crawl onto the cutting board. The crown and rind should not be used on decorative platters since the insects can transfer to other fruit. crevices if the pineapple is not





Artichoke



Blackberries



Sprouts



Edible Mushrooms.



