



Current as of March 13, 2024

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INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2023)
- Soft **PACKAGED** baked goods – Sept 1, 2023
- **Noodles and Pasta** – Sept 1, 2023
- **Barley** – Sept 15, 2023
- **Oats** – Sept 1, 2023 (GENERAL MILLS Oats Cereals – Dec 1, 2023)
- **Malt** – Mar 15, 2024
- **Beer** – Dec 15, 2023

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2323), represent the Julian date (232 is the day and 3 is the year). If the listed code is 2323 (i.e. Aug 20, 2023) then the code on the package can be 232 or lower.

BAKED PRODUCTS

1. **BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 8/27/24
2. **Cookies and Crackers**
 - ALDI'S Graham Crackers – Feb 28, 2024
 - BLOOM'S Cookies – always *yoshon*
 - KEMACH
 - Grahams & Crackers – always *yoshon*
 - Cookies – with *yoshon* label only
 - Breadsticks – *yoshon* thru at least Feb 2024
 - Flat breads – *yoshon* thru at least Feb 2024
 - Ice Cream Cones – with *yoshon* label only
 - LIEBER'S Cookies and Crackers – always *yoshon*
 - OREOS – *yoshon*
 - PAS – with *yoshon* label only.
 - SHOPRITE BOWL & BASKET Graham Crackers – Feb 28, 2024
 - STELLA D'ORO
 - Breakfast treats, toast and biscotti – Feb 24, 2024*
 - Sponge Swiss Fudge Cookies – Dec 26, 2023*
 - 100 Calorie Packs – Apr 25, 2024*
3. **DUNCAN HINES MIXES**
 - Cake Mixes and Brownies – always *yoshon*
 - All other mixes – Sept 1, 2024

4. **Matza** (including **Matza Meal**) – always *yoshon*5. **Pretzels (Hard)/Snacks**

- **HADDAR** – with *yoshon* label only
- **HERR'S** – Nov 27, 2023*
- **LANDAU'S** – Sept 1, 2024* | w/ oats – Mar 1, 2024*
- **LIEBER'S** – always *yoshon* (except malt)
- **NEW YORK PRETZELS** – Sept 1, 2024
- **UTZ Honey Wheat Pretzels** – Dec 25, 2023
- **PRINGLES** (some contain wheat) – code L3232*
- **WISE**
 - .75 oz. & 1.75 oz – Jan 21, 2024*
 - 3.25 oz. – Dec 17, 2023*
 - 8.75 oz. – Nov 26, 2023*
- **GOLDEN FLUFF** – always *yoshon*
- **KITOV** – Sept 1, 2024*
- **SNACK FACTORY** – Sept 1, 2024*
- **BLOOM'S** – *yoshon* (malt may be *chodosh*)

6. **Waffles & Pancakes**

- **EGGO Waffles and Pancakes:**
 - With oats – Dec 2, 2024*
 - Just wheat – Dec 1, 2024*
- **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Sept 1, 2024*
- **KEMACH Pancake Mix** – BB Nov 30 2023 or earlier is *yoshon*
- **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – Oct 17, 2024*
 - Waffles – Jan 20, 2024*
 - Frozen:
 - Pancakes – Jun 2, 2024*
 - Waffles – Jan 16, 2024*

BAKING SPRAY WITH FLOUR (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **PAM** – Aug 20, 2025
3. **GLICKS** – *yoshon* until November

BARLEY

QUAKER – Sept 15, 2024

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always *yoshon*
2. **JASON** – always *yoshon*
3. **KELLOGG'S** – Dec 15, 2025*
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – *yoshon* if purchased before 10/15/23
6. **KIKKOMAN PANKO** – Mar 3, 2025*
7. **B'GAN** – with *yoshon* label only

CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Sept 15, 2023*. For oats, use Sept 1, 2023*.)

1. **BARBARA**

- Oats – Sept 1, 2024*
- Wheat – Sept 1, 2024*
- Original – Apr 25, 2024*



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2. CASCADIAN FARMS

- Granolas – May 1, 2024
- Other cold cereals – Sept 5, 2024

3. CREAM OF WHEAT – Sept 1, 2024***4. GENERAL MILLS**

- Oats – Dec 7, 2024
- Wheat – always *yoshon*
- Barley – Sept 15, 2024*

5. KASHI

- Oats – *yoshon* until October at least*
- Wheat – always *yoshon*

6. KELLOGG'S (if made in Europe always *yoshon*)

- Oats – Sept 1, 2024*
- Wheat – Sept 1, 2024*
- Barley – Sept 15, 2024*
- Malt – Dec 15, 2024*

7. KEMACH

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
- Corn Crisp, Bunch 'O Krunch – BBD Nov 2024

8. MALT-O-MEAL

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – Sept 1, 2023* packing date
- if contains only wheat – Sept 1, 2023* packing date
- if contains only barley – Sept 15, 2023* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

9. NATURE VALLEY – Sept 3, 2024 (except if produced in S America)**10. POST**

- Oats – Nov 1, 2024
- Wheat – *yoshon*
- Barley – Sept 15, 2024
- Malt – Dec 15, 2024*

11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – June 4, 24
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – Apr 5, 2024
- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – July 4, 24
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – Oct 2, 2024
- Oats (Rolled, Instant, Old Fashioned) – March 30, 2025

12. SHOPRITE BOWL & BASKET

- Instant Oatmeal – Feb 27, 2025
- Cold Cereal – info not available

13. STOP & SHOP/GIANT

- Cereal
 - With oats – Sept 1, 2024*
 - With wheat – Sept 1, 2024*
- Oatmeal – Sept 1, 2024*

14. TARGET GOOD & GATHER

- Instant Organic Oatmeal – Sept 1, 2024

15. WALMART

- Quick Oats – Feb 29, 2025*
- Bran Flakes – Sept 1, 2024*

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **KEMACH** – 1023L
3. **STREIT'S** – always *yoshon* unless labeled *chodos*
4. **LIEBER'S** – currently *yoshon*
5. **LA CHOY** – info not available

EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – *yoshon*
2. **GOLDEN BOWL**
 - Won Ton Wraps – code 012309*
 - Spring Roll Wrappers – Sept 1, 2024*
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – Oct 5, 2023
5. **WON TON FOOD CO.** – code 90123* (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – Aug 20, 2024
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL (KC)** winter wheat (if *machmir* for *bitul*) – 8-19-24; malt 12-15-24
 - **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; malt 12-15-24
 - **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2023)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
 - **PILLSBURY** – Aug 20, 2024
 - **SHOPRITE** – Aug 20, 2024
 - **TARGET/MARKET PANTRY Flour** – Aug 20, 2024
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL KC** – Aug 19, 2024
 - **GOLD MEDAL** (other mills) – Aug 9, 2024
 - **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2022)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 27, 2024, 50lb bags Aug 27, 2023
 - **PILLSBURY** – Aug 15, 2024
 - **TARGET/MARKET PANTRY** – Aug 20, 2024
3. **Bread Flour (High-Gluten Flour)**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL KC** winter wheat (if *machmir* for *bitul*) – 8-19-24; malt 12-15-24



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- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; malt 12-15-24
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **PILLSBURY** – Aug 20, 2024
- **TRADER JOE'S** – Aug 20, 2024
- **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – Sept 1, 2024* or 2434*
3. **DR. PRAEGER'S**
 - Oats – TBD
 - Wheat – TBD
4. **FRENCH'S French Fried Onions**: Sept 1, 2025*
5. **GOLDEN**
 - Blintzes – Sept 1, 2025*
 - Potato pancakes – TBD
6. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
7. **MEHADRIN** Cookies & Cream Ice Cream – always *yoshon*
8. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – Jun 2, 2024*
 - Waffles – Sept 1, 2025*
9. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
10. **SHINDLER'S** Products – always *yoshon*
11. **TOFUTTI** Cuties – Code 2433*
12. **TRADER JOE'S** Potato Pancakes – TBD
13. **UNGAR'S** Fish – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY, JOY, SHOPRITE BOWL & BASKET, TRADER JOE'S, WALMART GREAT VALUE, WHOLE FOODS 365**

KISHKE

The following brands are always *yoshon*: **A&B, BENZ'S, MEAL MART, UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – Sept 1, 2024*
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – Jun 1, 2024
6. **SHNEIDER'S CANDY PLANET** – *yoshon*
7. **SOUR PUNCH** Twists – Sept 1, 2024
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA

1. **ALDI** Pasta & Egg Noodles – Sept 1, 2025
2. **BARILLA**
 - ProteinPLUS Pasta – Aug 6, 2024*
 - Whole Grain – Feb 27, 2025*
 - Lasagna – Apr 27, 2025*
 - Other pastas and orzo – Apr 27, 2026*
3. **CALIFORNIA DELIGHT** – always *yoshon*
4. **EDEN** – with *yoshon* label
5. **ESSENTIAL EVERYDAY** – Aug 31, 2025

6. **GEFEN** Ramen Noodles – Not *yoshon*
7. **GIANT/STOP & SHOP** – Aug 31, 2025
8. **GOODMAN'S**
 - Pasta – Aug 27, 2026*
 - Egg noodles – Aug 27, 2026*
9. **HODGSON MILLS** Couscous – TBD
10. **KEMACH**
 - Egg noodles – *yoshon* thru the end of Dec 2023
 - Other pasta products – Sept 1, 2025
11. **MANISCHEWITZ** – Aug 27, 2025* or 2344*
12. **MOTHER'S** – code 2395*
13. **SAN GIORGIO**
 - Egg Noodles, Oven Ready Lasagna – Aug 31, 2025
 - Pasta – Aug 31, 2026
14. **NEAR EAST** Couscous, Pilaf with Orzo – Sept 1, 2024
15. **NO YOLKS** – Sept 1, 2024
16. **PENNSYLVANIA DUTCH** Egg Noodles – Aug 31, 2025
17. **RALPH'S** – Sept 1, 2025
18. **SHOPRITE Bowl & Basket** – Sept 1, 2025
19. **STREIT'S** – always *yoshon* (except chow mein)
20. **TRADER JOE'S** Pasta – 9/1/26; Organic/Specialty Pasta - 9/1/25

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO** Fillo Dough – Sept 1, 2024
2. **GEFEN** Pie Crusts – TBD
3. **GLICKS** Graham Cracker Pie Crusts – *yoshon* until Feb 2024
4. **KEEBLER** Pie Crusts – TBD
5. **KEMACH**
 - Chocolate Pie Crust – always *yoshon*
 - Graham Pie Crust – Aug 7, 2024
6. **MECHEL'S** – All *yoshon*
7. **MOTHER'S** Graham Cracker Pie Crust – TBD
8. **UNGAR'S** Pastry Dough – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN** Noodle Soup Cup – not *yoshon*
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – with *yoshon* label only
 - Vegetable – Nov 19, 2025
 - Minestrone – Nov 12, 2025
4. **LIEBER'S** – always *yoshon*
5. **MANISCHEWITZ**
 - Barley – Sept 1, 2023* or 2433*
 - Noodle/Pasta – Aug 27, 2023* or 2394*
6. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
7. **STREIT'S** – always *yoshon*
8. **TRADITION** – always *yoshon*

VINEGAR

1. **Regular** Vinegar has no *chodosh* concern.
2. **Malt, Tarragon, or Salad** Vinegar (purchased after Dec 15, 2023)
HEINZ
 - Malt vinegar Jun 15, 2026*
 - Tarragon and Salad Dec 15, 2026*